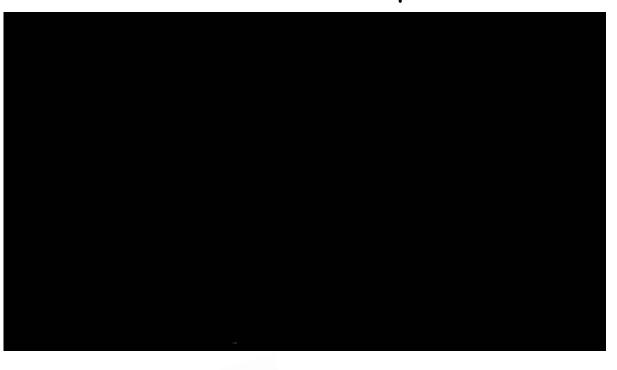
Never Tear Us Apart



Don't ask me
What you know is true
Don't have to tell you
I love your precious heart

I.....I was standing
You were there
Two worlds collided
And they could never tear us
apart

We could live for a thousand years
But if I hurt you
I'd make wine from your tears

I told you
That we could fly
Cause we all have wings
But some of us don't know why

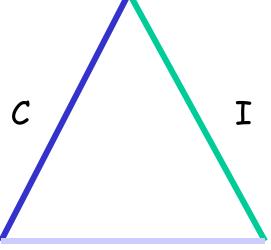
I......I was standing
You were there
Two worlds collided
And they could never...ever...tear
us apart





STERNBERG'S TRIANGULAR THEORY OF LOVE







1



COMPONENTS OF RELATIONSHIPS

- 1. <u>INTIMACY</u> = feelings of closeness and <u>connection</u>. Use of higher levels of <u>communication</u>.
- 2. <u>PASSION</u> = physical attraction and <u>sexual</u> attraction. The drives that lead to <u>romance</u>.
 - Involves a high degree of **physical arousal** and an intense desire to be with the loved one.
- Passion develops rapidly and then <u>slows</u> <u>down</u>

COMPONENTS OF RELATIONSHIPS (cont.)

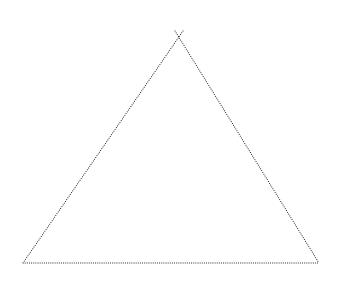
3. <u>COMMITMENT</u> = a decision that one cares for another and wishes to maintain a <u>relationship</u>.

8 POSSIBLE LOVE RELATIONSHIPS

Intimacy, passion and commitment are the warm, hot and cold vertices of Sternberg's love triangle.

Alone and in combination they give rise to 8 possible kinds of love relationships.

1. Nonlove:



The absence of all three components.

Example:

a large majority of our relationships

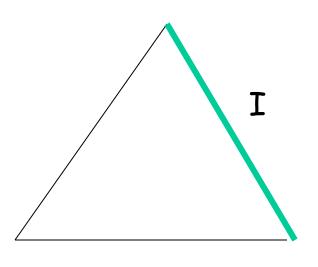
Casual interactions

2. Liking:

- Feelings
 experienced in true
 <u>friendship</u>.
- Liking includes such things as closeness and warmth but not the <u>intense</u> feelings of passion

Example:

very best friends



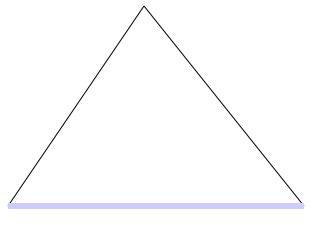
3. Infatuation:

LOVE AT FIRST SIGHT.

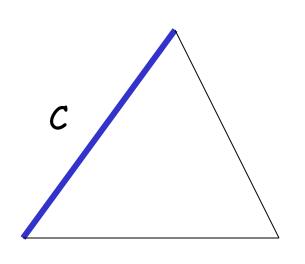
It involves a high degree of physiological arousal. Without development of intimacy or commitment, relationship will flame out.



10th grader in love with a beautiful 12th grade girl but won't ask her out.



4. Empty love:

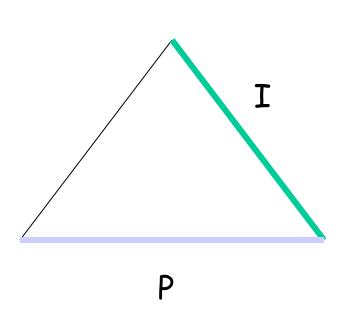


Commitment without intimacy or passion. They used to be passionate but it died out.

Example:

30 year old marriage They stay together because...

5. Romantic love:

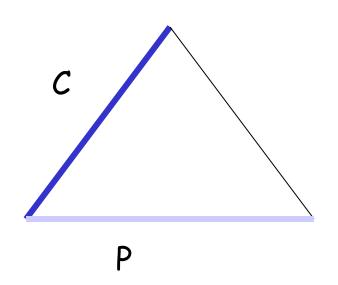


Intimacy and passion.
More than infatuation
it's liking with the
added excitement of
physical attraction
but without
commitment

Example:

Summer affair

6. Fatuous love:

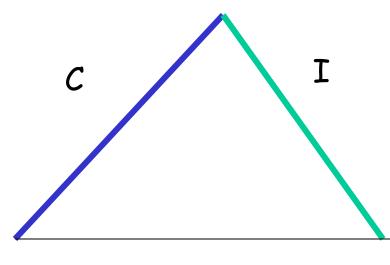


Commitment plus passion
This type of love rarely
works. The stabilizing
core of intimacy is
missing

Example:

Whirlwind marriage

7. Companionate love:



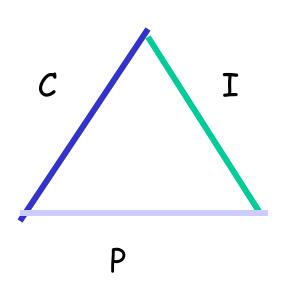
Example: 80 year old couples

Intimacy plus commitment

This type of love lacks passion. Love for family members is a form of this love, as is love for platonic, very close friends.

Some marriages can become this type of love over time.

8. Consummate love:



Also known as <u>complete</u> love. When all three elements of the triangle come together in a relationship. This is difficult but not <u>impossible</u> to achieve.

Example:

Only very special relationships get here

Upon hearing that her college roommate got married to a guy that she met over the weekend in Atlantic City, Brittney felt that the marriage was unwise. She considered their whirlwind courtship to be an example of

- A. Infatuated love
- B. Consumate
- C. Fatuous
- D. romantic
- E. Companionate