

**ASSIGNMENT:**

This year you will write definitions for terms for each chapter that we cover. AP Psychology is an introductory class, which exposes you to the basics of many areas of study that make up psychology. Because of this, the class is a term-driven class. A strong understanding of the terminology and language of the field of psychological study is necessary to form a solid foundation upon some of you may wish to expand in your future educational pursuits.

**RATIONALE:**

Copying definitions from a textbook provides no benefit to you, since copying requires no effortful processing or semantic encoding. It is nothing more than a waste of your time, which will produce no benefit for you. It is because of this that I require you to engage in effortful processing when learning your terminology. This is accomplished by developing the skill of identifying key aspects of terminology, using the self-reference effect to your advantage, and effortfully processing the information. By having a target of five-word summaries, you force yourself to work with the term, think about the textbook definition, translate it into meaningful words that you can relate to, and take ownership of the term.

**PROCESS:** In your term notebook, write each term, and underline it. By reading the text, the definition in the margin, and if necessary, the term in the glossary, try to form a definition that is 5 words long. (The definition should be grammatically correct, not 5 stand-alone words.)

**Please number your entries in the margin.**

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History and Approaches Terms

Page 16

Due: \_\_\_\_\_

Your terms for this chapter consist of all of the terms listed on page 16, plus the ones listed below. (You should have a total of 38 terms.)

Wilhelm Wundt  
Mary Calkins  
Edward Titchner  
Sigmund Freud  
Introspection  
Behaviorism  
William James

For this first assignment, *you will receive full credit for completing the 38 terms*. I will not take away points if you exceed the 5 word limit. (I strongly suggest that you make a concerted effort to get as close to 5 words as you can.)

When I return your terms with your grade, I will give you a five-word definition example for each of the entries, so you can see what you should be working toward.

For the next chapter, I will take points away if you exceed 8 words. (You will also receive examples of how to define terms with 5 words.) By the time we do the 3<sup>rd</sup> set of terms, *I will require five-word definitions for full credit.*

**EXAMPLE (You should know this term as well!)**

**FORMAL DEFINITION:** *Massed Practice - a **practice** schedule in which the amount of rest between trials is non-existent or short relative to the trial length.*

**5 WORD DEFINITION:** *Massed practice – Practice that occurs without breaks.*