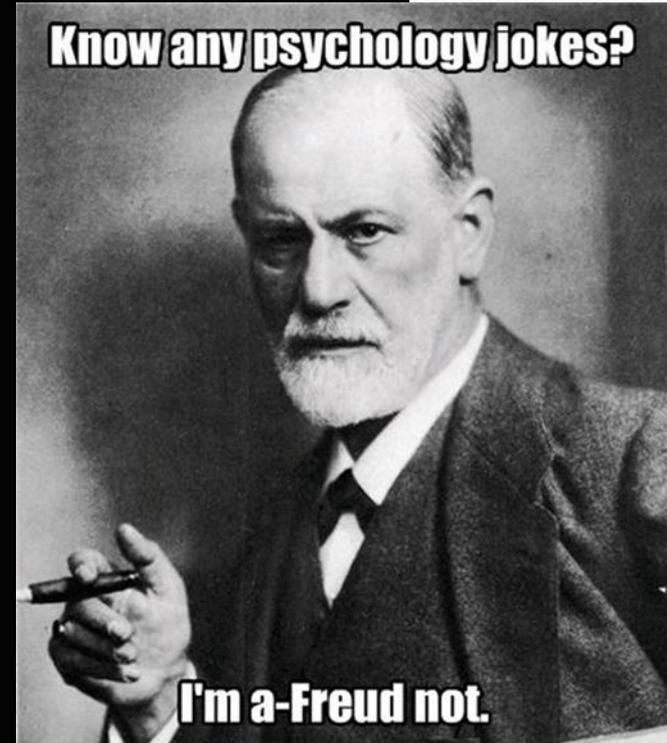


"Sexual love has given us our pleasure and has thus furnished us with a pattern for our search for happiness." - Freud



Know any psychology jokes?

I'm a-Freud not.

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Freud's Stages of Psychosexual Development

- Freud believed that your personality developed in your childhood.
- Mostly from unresolved problems in the early childhood.
- Believed that children pass through a series of psychosexual stages.
- The **id** focuses its **libido** (sexual energy) on a different erogenous zone at each stage.*

*Erogenous zones: Parts of the body that have especially strong pleasure-giving qualities at particular stages of development.

Freud's Stages of Psychosexual Development

- Fixation - unresolved developmental conflicts
 - At each psychosexual stage the infant or young child is faced with a developmental *conflict* that must be successfully resolved in order to move on to the next stage
 - If unresolved, the child will be left with feelings of unmet needs characteristic of that stage;
 - If overindulged, the child may be reluctant to move on to the next stage
 - In either case, the result of an unresolved developmental conflict is **fixation** at a particular stage
 - Oh, and it is **ALWAYS THE PARENT'S FAULT!!!!**

Oral Stage



- 0-18 months
- Pleasure center is on the mouth. (erogenous zone) so child sucks, bites and chews
- Satisfy drive of hunger and thirst by breast or bottle
- Weaning is the conflict at this stage

FIXATION:

- Overindulgence
 - Symptoms include selfishness, dependency, hostility, compulsive talking (mouth based aggression)
- Frustration
 - Symptoms include nail biting, sarcasm, thumb sucking, over-eating, smoking, neediness, greed, chewing gum, sensitivity to rejection

Anal Stage



- 18-36 months
- Id wants pleasure of reducing tension by defecating & urinating
- Pleasure focuses on bladder and bowel control.
- **Toilet training** is the conflict- get superego to impose societal norms
 - Self-control
 - Holding back

FIXATION:

- Anal Expulsive
 - Disorganized, self-confident, messy, sometimes artistic, rebellious, carefree
- Anal Retentive
 - Frugal, organized, orderly, stubbornness, need for control

Phallic Stage

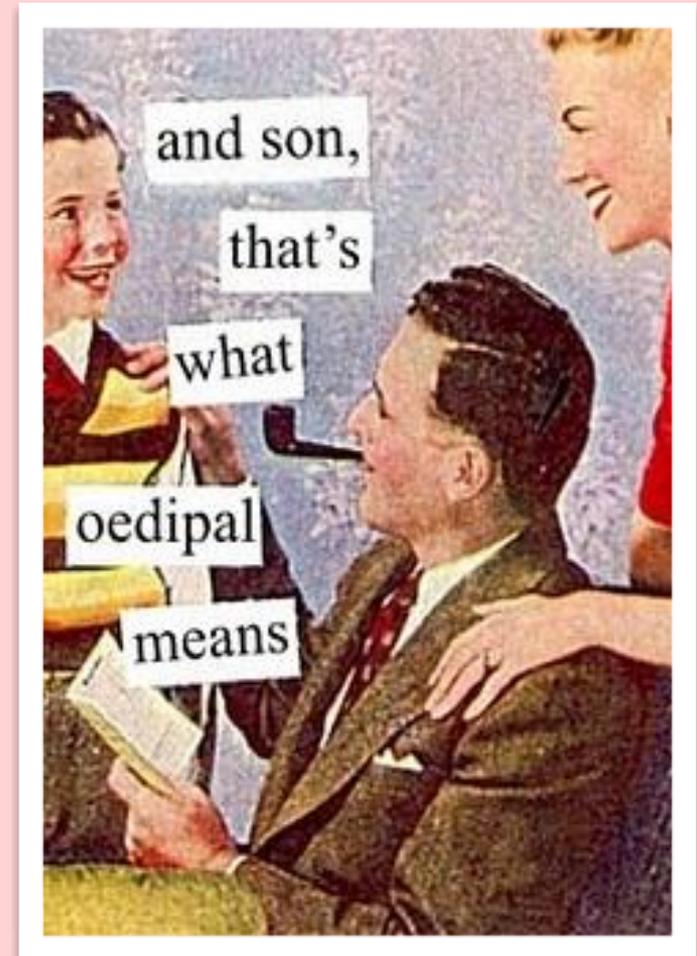
- 3-6 years
- Pleasure zone is the genitals.
- Focus on difference between boys and girls
- Emerging gender identity
- Related to later sexual attitudes.
- **Personality is set in this stage.**



What is the conflict?
Wait until you get a
load of this....

PHALLIC STAGE

- **MALE OEDIPUS COMPLEX**
- A boy's sexual feeling for his mother and jealousy of his father
- Psychological defenses against these threatening thoughts and feelings arise, as fear of Dad finding out takes over.
- Diminish fear of castration-vicariously obtain mother through father, thus ending the competition.
- Instead, form personality through identification with father, in hopes to obtain a woman like Mom.



PHALLIC STAGE

- **CASTRATION ANXIETY!!!**
- DAD IS A MAJOR THREAT.
- Boys, when seeing a girl's genitalia, will falsely assume that the girl had her penis removed, probably as punishment for some misbehavior.
- The boy then becomes anxious that the same will happen to him.



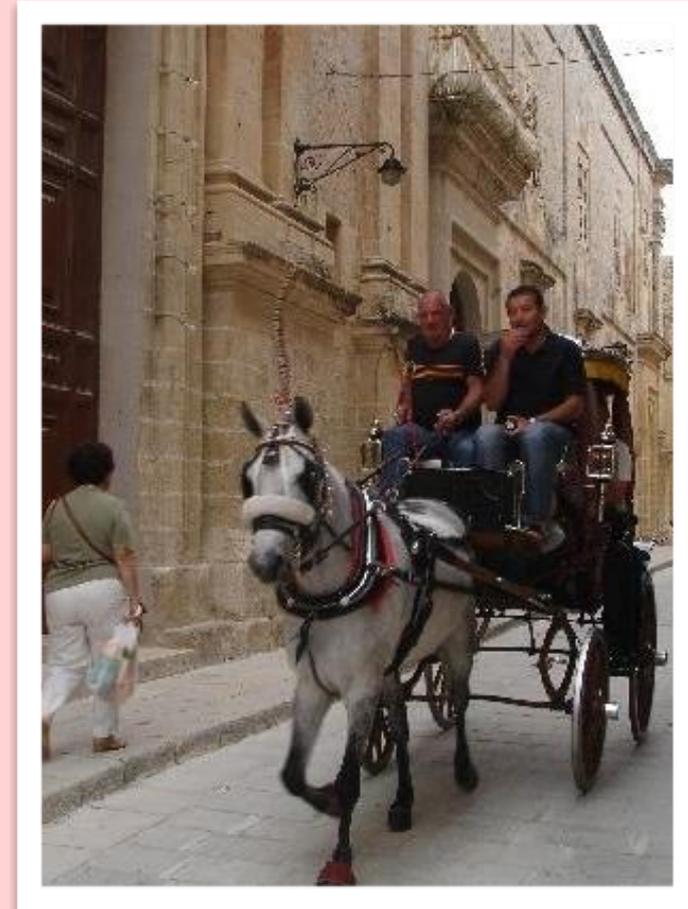
PHALLIC STAGE

- SOLUTION
- DROP DESIRE AND IDENTIFY WITH DAD
- DEVELOP SUPEREGO---ADOPT FATHERS VALUES
- GIVE UP ON SEX---MOVE TO LATENCY WHERE BOYS DO NOT WANT TO HAVE ANYTHING TO DO WITH GIRLS
- REPRESS THE WHOLE EVENT---NO EVIDENCE, NO CRIME

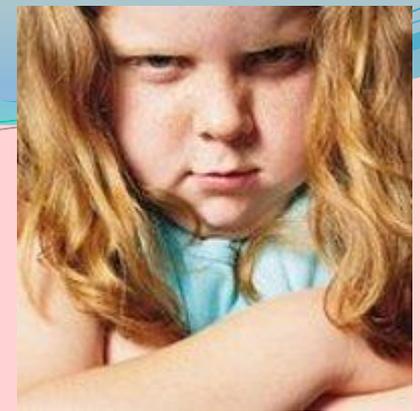


Little Hans

- A 5 year old who was afraid to leave his house because he was afraid a horse would bite him.
- He developed the fear after seeing a horse fall down in the street.
- Freud believed this was a displacement of erotic feelings toward mother, aggressive feelings toward father.



PHALLIC STAGE



- **PENIS ENVY**

- GIRLS ENJOY THEIR SEXUAL ORGANS LIKE THE BOYS. BUT, THEY REALIZE THEY DO NOT HAVE A PROTRUDING ORGAN. SINCE YOU CAN'T FEAR LOSING WHAT YOU DON'T HAVE, THERE IS NO CASTRATION ANXIETY.

- THIS LEADS TO WOMEN HAVING WEAKER DEVELOPED SUPEREGOS/MORALS.

This will be addressed by Karen Horney

- **SOLUTION**

- DEVELOP RELATIONSHIP WITH DAD, BUT KEEP SEXUAL/GENDER IDENTITY WITH MOM.

- THIS IS PART OF A LARGER THEORY ABOUT GIRLS...

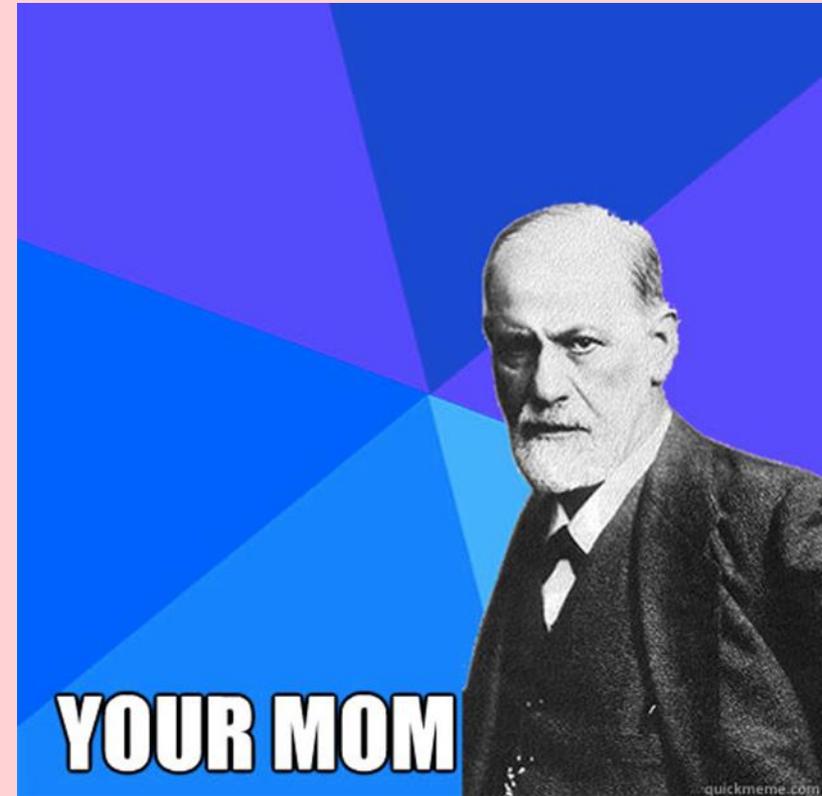


Electra Complex (Freud & Jung)

- When the girl begins this stage, Freud claims she believes she has been **castrated** at some stage and blames her mother for this.
- The girl will initially treat her mother as a love object but will transfer her affections to her father. Freud says she will do this because she experiences **penis envy** and blames her mother for lack of penis. She realizes that she cannot have a penis, but wants a substitute. (**Sense of inferiority**)
- Freud claims the girl creates a substitute, **a desire is for a baby** and turns to her father in the hopes that he can provide her with the baby as a surrogate for her anatomical deficiency. At this point, "the girl has turned into a little woman".
- She may fear the loss of her mother's love if she is not like her, but this fear is less influential. Freud claims that this makes the **girl's identification with her mother much weaker** than the boy's identification with his father. This, says Freud, makes the girl morally weaker than the boy.

PHALLIC STAGE Fixation

- Caused by failure to resolve Oedipus/Electra conflict
- Symptoms: Exhibitionism, promiscuity, flirting, recklessness, vanity, pride, incapable of close love





“I heard that as soon as we become aware of our sexual impulses, whatever they are, we’ll have to hide them.”



Latency Stage

- 6- puberty
- Time between resolution of Oedipus complex and puberty
- Usually not possible for sexual urges to be directly expressed
- Sexual energies are channeled into school and friends
- "Cooties" stage.
- A time of socialization



Genital Stage

Sexual energies are invested in life

- Puberty to death.
- **ADOLESCENCE**
 - SEXUAL INSTINCTS AND SEXUAL CONFLICTS REAPPEAR.
 - FIRST MANIFESTATION
 - "ADOLESCENT CRUSH" ON AN OLDER PERSON.
- **ADULTHOOD**
 - Healthy sexual relations
 - Marriage
 - Child-rearing





PINK FREUD

THE DARK SIDE OF THE MOM

If Freud was alive today he would probably be awesome at telling "your Momma" jokes.



som^{ee}cards
user card

Fixation - final thoughts



- A lingering focus of pleasure-seeking energies from an earlier psychosexual stage.
- Sometimes the fixation is caused by frustration, sometimes by overindulgence . . . and it's **always the parents' fault!**

STAGE	PART OF THE BODY	CONFLICTS/EXPERIENCES	ADULT TRAITS ASSOCIATED WITH PROBLEMS AT THIS STAGE
Oral (birth to 1 year) 	Mouth	Weaning Oral gratification from sucking, eating, biting	Optimism, gullibility, dependency, pessimism, passivity, hostility, sarcasm, aggression
Anal (1 to 3 years) 	Anus	Toilet training Gratification from expelling and withholding feces	Excessive cleanliness, orderliness, stinginess, messiness, rebelliousness, destructiveness
Phallic (3 to 5 or 6 years) 	Genitals	Oedipal conflict Sexual curiosity Masturbation	Flirtatiousness, vanity, promiscuity, pride, chastity
Latency (5 or 6 years to puberty) 	None	Period of sexual calm Interest in school, hobbies, same-sex friends	
Genital (from puberty on) 	Genitals	Revival of sexual interests Establishment of mature sexual relationships	

Freud & Personality Development

“personality forms during the first few years of life, rooted in unresolved conflicts of early childhood”

Psychosexual Stages

Oral (0-18 mos) - centered on the mouth

Anal (18-36 mos) - focus on bowel/bladder elim.

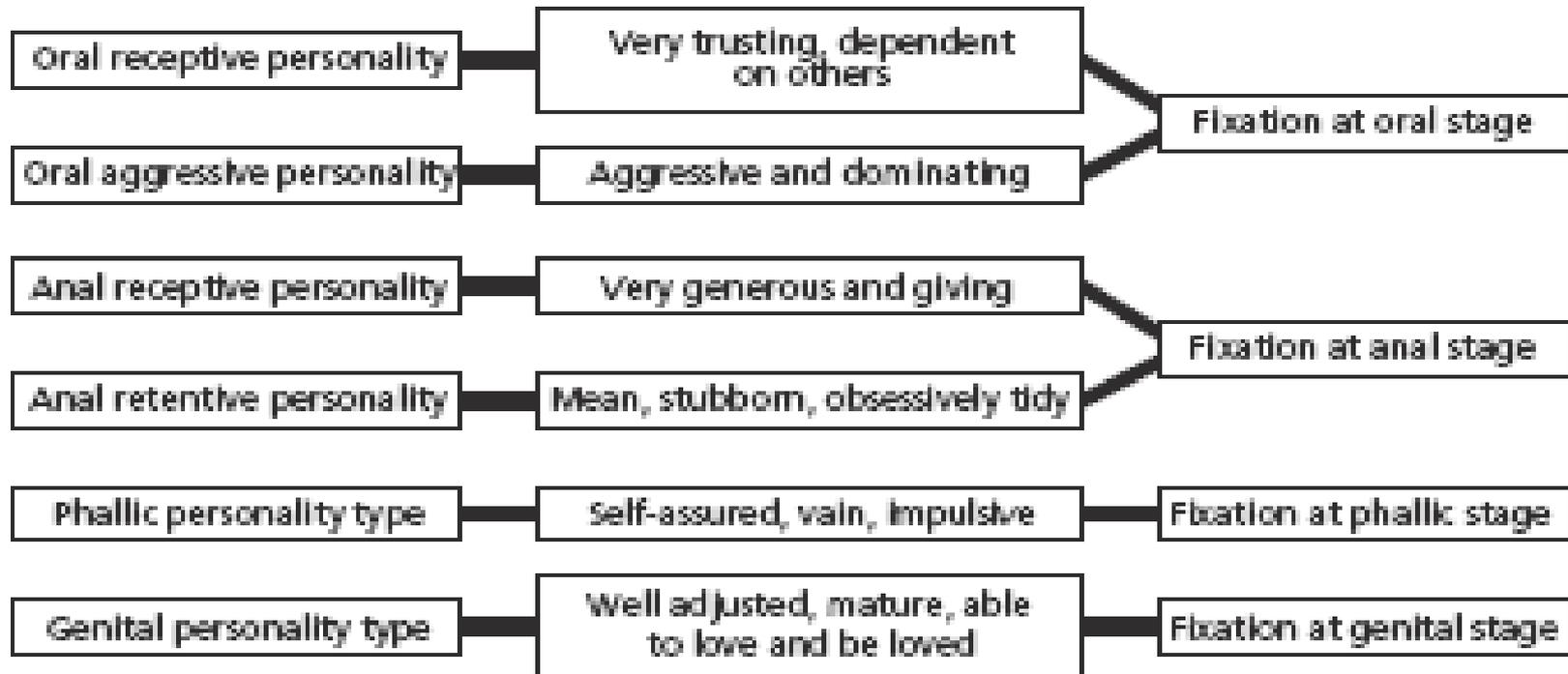
Phallic (3-6 yrs) - focus on genitals/“Oedipus Complex”
(Identification & Gender Identity)

Latency (6-puberty) - sexuality is dormant

Genital (puberty on) - sexual feelings toward others

Strong conflict can **fixate** an individual at Stages 1,2 or 3

Psychosexual development



Tom Lehrer - Oedipus Rex

