

HANDOUT 15-12

Following is a list of personality traits that may or may not apply to you. Please write a number next to each statement to indicate the extent to which you agree or disagree with that statement. You should rate the extent to which the pair of traits applies to you, even if one characteristic applies more strongly than the other.

Disagree strongly 1	Disagree moderately 2	Disagree a little 3	Neither agree nor disagree 4	Agree a little 5	Agree moderately 6	Agree strongly 7
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I see myself as:

- _____ 1. Extraverted, enthusiastic.
- _____ 2. Critical, quarrelsome.
- _____ 3. Dependable, self-disciplined.
- _____ 4. Anxious, easily upset.
- _____ 5. Open to new experiences, complex.
- _____ 6. Reserved, quiet.
- _____ 7. Sympathetic, warm.
- _____ 8. Disorganized, careless.
- _____ 9. Calm, emotionally stable.
- _____ 10. Conventional, uncreative.

Source: Gosling, S. D., Rentfrow, P. J., & Swann, W. B., Jr. (2003). A very brief measure of the Big-Five personality domains. *Journal of Research in Personality*, 37, 525 (Appendix A).