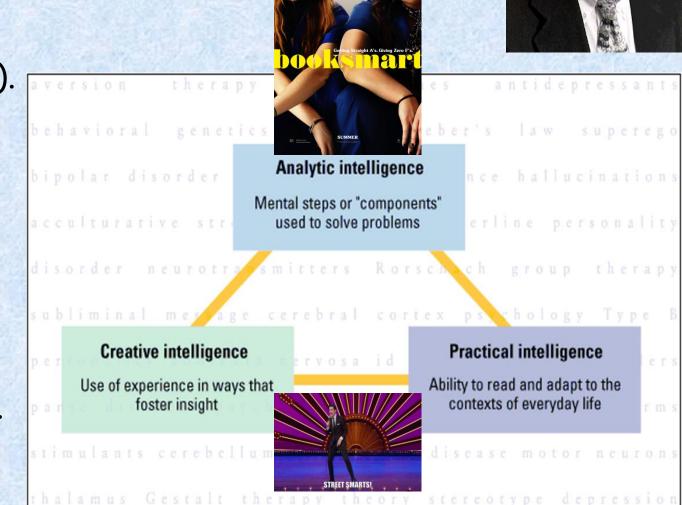


Sternberg's Three Aspects of Intelligence

- Gardner Simplified
- Analytical (academic problem solving).
- Creative
 (generating
 novel ideas)
- Practical (required for everyday tasks where multiple solutions exist).





To illustrate his different aspects of intelligence, Sternberg used three graduate students:

•Alice is a good student, always getting good grades until she reached graduate school. Required to come up with original ideas, Alice began to fall behind.

•Barbara is not such a good student, but she's brimming over with ideas for research.

•Celia is neither a good nor a creative student, but she's street smart; she knows how to play the game how to get things done.

Salovey - Emotional Intelligence (EI)



Emotional Intelligence Questionnaire:

Reverse your values on numbers 5,28 and 33 and add these values to the rest of the numbers in front of the other numbers.

- First called social intelligence.
- The ability to <u>perceive</u>, <u>express</u>, <u>understand</u>, and <u>regulate</u> emotions.
- Some studies show EI to be a greater predictor for future success than IQ
- Emotionally intelligent people are:
 - Self-aware
 - Able to read others
 - Able to delay gratification
 - Able to avoid being overwhelmed by anxiety, anger or depression